

## TIMELINE:

### Riverview Area

Environmental Complete  
Dec. '07

Relocation Complete  
Jan. '08

LIHTC Application  
March '08

Demolition  
Jan. - March '08

LIHTC Awards  
Oct. '08

LIHTC Syndicated  
Dec '08

Construction Bidding  
Jan./Feb. '09

Construction Begins  
April '09 - April '10

### Sherwood/ Hiwassee

Relocation Complete  
Aug. '07

Demolition Bid  
Awarded  
Sept. '07

Demolition  
Sept./Oct. '07

Construction Bidding  
Dec. '07

Construction Begins  
May '08

First Home Available  
for Sale  
August '08

Open House  
Dec. '08

All 24 Complete  
Jan. '09

## FreshStart – Schedule of Classes

### Homeownership Education

For those interested in learning more about homeownership, feel free to attend an Eastern 8 Homeownership Education class. To confirm dates and times of available classes, e-mail Debbie Perry at [dperry@e8cdc.org](mailto:dperry@e8cdc.org).

### YWCA Bristol Teen Pregnancy Classes

YWCA Bristol offers free, ongoing classes on healthy pregnancy, labor, and delivery. Classes meet once per week. The classes are open to mothers-to-be age 19 and younger in their first pregnancy. Fathers and family may also attend the classes and activities. Transportation may be available. For more information call 423-968-9444.

### Quit Tobacco Now

Quit Tobacco Now is a smoking cessation hotline for those interested in breaking the tobacco habit. Hotline operators will assist you in developing a plan to stop smoking and they will offer a variety of support options. Call 1-800-QUIT NOW (784-8669) to get started.

### Computer Classes

The FreshStart Foundation is now offering FREE computer classes on: Tuesdays & Thursdays from 10-11am and 2-3 pm

Thursdays 6-7pm

Whether you have a basic knowledge of computers or none whatsoever, these classes will prove very beneficial.

Joe Durant with South Central Kingsport Development Community, Inc. (SCKCDI) holds the classes, which are self-paced, showing students how to:

Use Windows • Access the Internet for job searches • Type a resume

• Start an e-mail account • Send an attachment

E-mail Joe Durant at [jdurant@aol.com](mailto:jdurant@aol.com) or call 423-378-2939

to sign up. FSF's computer lab is open daily to the public. Usage depends on work-station availability. Come by and improve your computer skills today!

**For more information: call MARIA CATRON AT 423-392-2590**

Quarterly Newsletter of FreshStart



P.O. Box 44  
Kingsport, TN 37662

ISSUE

# 01

October  
2008

## Building Tomorrow

Quarterly Newsletter of FreshStart



### this issue

Riverview Re-occupancy	P.1
Steps!	P.1
Spotlight on Success	P.2
XtreME Challenge	P.2
YouthBuild	P.2
S/H Homeownership Program	P.3
Featured S/H House	P.3
Freshstart-Schedule of Classes	P.4

The FreshStart Foundation focuses on services and developmental programs available to residents. The goal of FreshStart is to assist individuals and families as they seek to achieve self-sufficiency. We offer a wide variety of services in conjunction with our many provider partners.

HOPE VI and FreshStart Foundation programs operate under the guidance and supervision of the Kingsport Housing and Redevelopment Authority (KHRA) to provide affordable housing and services to residents to move them to self-sufficiency with a potential goal of home ownership in the City of Kingsport.

The HOPE VI Program includes the planned revitalization of the Riverview and Sherwood/Hiwassee areas, homeownership opportunities for eligible residents, and job opportunities.

## Riverview RE-OCCUPANCY

The preliminary site plan work for Riverview is underway. Construction of the single-family homes and duplex units is expected to begin in early 2009 with the units being ready by the end of 2009. FreshStart Foundation is now accepting requests for re-occupancy of the new units at Riverview. To be eligible, you must have been enrolled in the CSS program for at least one year. In addition, all able-bodied adult family members must be employed full-time (average 30 hours per week), a full-time student, or a combination of both. Elderly (62 years and older) and those receiving governmental disability assistance will be exempt from employment requirements. All requests for occupancy at Riverview will be considered by date and time of application and enrollment along with the criteria listed above.

If you are interested in returning to Riverview, please complete the Request for Occupancy available at <http://khraredevelopment.org/hopevi/pages/hopevireoccupancy.php>.

If you need help completing the form or if you want more information, please email or call Maria Catron at 423-392-2590 or stop by our offices.

## STEPS!

FreshStart Foundation staff is pleased to offer the Building Tomorrow Training Program which is an educational and employment training program provided through the HOPE VI project. The Alliance for Business & Training, a HOPE VI service provider, along with FSF staff, will provide a variety of opportunities including career assessments, the Steps to Economic Success (STEPS) training course, PACT Construction curriculum, and KeyTrain/WorkKeys testing and remediation. In addition, program participants will have access to a variety of resources including attendance stipends, childcare assistance, class transportation, and on-the-job training opportunities. This program will be offered at the FreshStart Foundation beginning October 20, 2008 and class seating is limited. If you are interested in receiving more detailed information or to apply for the program please contact Jennifer Maxson at 392-2548.



## FRESHSTART – TASK FORCE

A wide range of agencies make up the Task Force that helps support HOPE VI and FreshStart. These agencies are:

- Kingsport Housing & Redevelopment Authority – Self-Sufficiency & Homeownership Programs
- KOSBE – Kingsport Office of Small Business and Entrepreneurship
- TN Department of Human Services
- Alliance for Business & Training
- United Way
- Kingsport City Schools
- UETHDA – Upper East • TN Human Development Agency
- KATS – Kingsport Area Transit System
- AEP – American Electric Power
- SCKCDDI Employment Outreach Office
- SCKCDDI Weed & Seed Program
- SCRHD – Sullivan County Regional Health Department
- Eastern Eight
- Kingsport Recreation & Leisure Services
- Mountain States Health Alliance
- First Community Bank

### HOPE VI & FRESHSTART STAFF

**DORIS LADD**  
HOPE VI Director  
DorisLadd@kingsporthousing.org

**MARIA CATRON**  
HOPE VI  
CSS Coordinator  
MariaCatron@kingsporthousing.org

**WENDY RAMSEY**  
HOPE VI  
Relocation & Supportive  
Housing Coordinator  
WendyRamsey@kingsporthousing.org

**BRENDA DOWELL**  
HOPE VI  
Assistant to Director  
brendadowell@kingsporthousing.org

**JENNIFER MAXSON**  
HOPE VI  
CSS Specialist  
JenniferMaxson@kingsporthousing.org

**Z DOTTS**  
HOPE VI  
PH and HCV  
FSS Specialist  
zdotts@kingsporthousing.org

## Spotlight on Success

Four FreshStart Foundation participants recently completed a computer training class at the FreshStart Foundation computer lab. Christine Baker, Cara Baker, James Mullins and Barbara McEntree completed the first in a series of classes taught by computer instructor Joe Durant. Christine and Cara are a mother/daughter team that took the class together.

“We are very proud of these graduates,” said Shaune Eberhart, Community Supportive Services Specialist for the HOPE VI/FreshStart program. “We look forward to them continuing with the next, more advanced, level of classes.”

Completion of the program came with an award of a new computer for each household. This will enable the graduates to continue working on advancing their newly developed computer skills.



*Pictured are Christine and Cara Baker*



*James Mullins & Barbara McEntree as they received their new computers.*



## Sherwood/Hiwassee Homeownership Program

The new homes along Sherwood/Hiwassee are for sale now. There are five housing options available from which to choose with a total of 24 units to be sold.

All the homes have first floors that are handicapped-visitable. All have three bedroom/two bathroom layouts with a front porch and ample storage areas.

“We are very excited about the progress we are seeing over on Sherwood and Hiwassee,” said HOPE VI Director Doris Ladd. “We are making the homes available for purchase now. Soon we will have families returning to this neighborhood...returning to new homes and new futures.”

The homes are available to families with an annual income that is 80% or less of the median family income for the Kingsport Area (\$37,200 for a family of four). To help with the cost of purchasing a new home, the homeownership program can provide mortgage assistance to families with an annual income that is 50% or less than the median family income for the Kingsport Area (\$23,250 for a family of four).

For more information about owning a new home in the Sherwood/Hiwassee community, come by the FreshStart offices or go online to [www.khraredevelopment.org/hopevi](http://www.khraredevelopment.org/hopevi) and look for the home ownership link. Please contact Brenda Dowell at 392-2913 if you have any questions.

## XtreME Challenge: July 8, 9 & 10

XtreME challenge, held over a three-day period on July 8, 9, & 10, was a great success. The program focused on getting kids to participate in more physical activities. Local sports figures including players and coaches and soldiers from the nearby National Guard unit worked with the kids to encourage them to get out and get moving.



## YOUTHBUILD

The YouthBuild program is progressing well. Of the 19 participants, 8 have completed their GED. They are preparing for the Work Keys assessment in the near future. Successful

graduates of the YouthBuild program will receive a Career Readiness Certificate which local industries recognize as validation of the applicant's suitability for employment.

Two of the four houses planned are currently under construction, one 2 bedroom and one 3 bedroom.

YouthBuild is a HUD funded grant program for 18-24 year olds who are unemployed and do not have a high school diploma. The second class is scheduled to begin in spring of 2009. If interested, please contact Lisa Evans at 423-765-9325 ext 204.

## Featured Sherwood/Hiwassee House

All five home models offer the following features:

- 1 ½ story, exterior of brick with upper level vinyl
- Average 1,450 square footage
- 3 bedrooms, 2 baths
- Front porches, back patios
- Paved driveways
- Storage sheds
- 1st floors are handicapped-visitable
- Central heat & air
- Appliances, including washer & dryer



The Cunningham House



First Floor



Second Floor

## Financial Success – Getting a good job

The first-step to financial success is securing a good income.

If you're having trouble securing a good job, then you have to figure out a way to beat the competition and make yourself appear suitable as an employee. Good strategies for doing this include the following:

- Present yourself well.
- Be well spoken and polite.
- Have an enthusiastic attitude. Show them that you're willing to do what's necessary to get the job.
- Don't come across as someone with emotional problems or restrictions.
- If necessary, be willing to commute.

Getting a great job is important. Stable income not only creates financial success, it can bring about numerous opportunities for a bright future.

### WEBSITE PICKS:

- [www.careerbuilder.com](http://www.careerbuilder.com)
- [www.hotjobs.com](http://www.hotjobs.com)
- [www.tricityjobs.com](http://www.tricityjobs.com)
- [www.monster.com](http://www.monster.com)